

# Restorative Aide Certificate (RESTC)

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The Restorative Aide certificate provides the skills needed to assist patients in a health care facility with tasks of daily living. These skills include lifting, moving, and ambulation procedures; caring for individuals with musculoskeletal, neurological, and integumentary (skin) conditions; providing restorative approaches to meeting needs for nutrition, hydration, personal care, and other daily activities; and completing documentation of care.

This certificate program is appropriate for nursing assistants and licensed nurses who are new to restorative programs in long term care facilities.

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**Program Prerequisites:** AFL 085 Applications of College Reading and Writing and AFM 095 Foundations of Basic Algebra, or appropriate placement test scores, and MCH 130 Nurse Aide Training or currently in good standing on the Ohio State Nurse Aide registry.

MCH 136	Restorative Aide Training	2
Total Credits		2