

# Culinary Arts (CUL & CAC)

## Culinary Arts (CUL)

In the Culinary Arts program at Cincinnati State, students receive training in all aspects of food preparation, including methods of cookery, sauces, soups, butchery, garde manger, pastry, and confectioneries, in addition to culinary management.

Graduates of the Culinary Arts program earn an Associate of Applied Business degree.

Graduates may choose to continue in Cincinnati State's Bachelor of Applied Science in Culinary and Food Science (<http://catalog.cincinnati.edu/archives/2021-2022/academicdivisionsanddegreeampcertificateprograms/businessstechnologiesdivision/culinaryfoodscience/>).

Students who wish to transfer credit to Cincinnati State for culinary coursework completed at another institution must meet with the Program Chair. Course transfer credit may be limited, based on program accreditation and student success in the previous culinary coursework.

The Culinary Arts degree program is accredited by the American Culinary Federation Education Foundation Accrediting Commission (ACFEFAC). Website: <http://www.acfchefs.org>.

For more information, please contact the Business Technologies Division at (513) 569-1620.

To apply for this program at Cincinnati State, visit the Admissions (<http://www.cincinnati.edu/academics/admission/>) section of the College website.

## Culinary Arts Certificate (CAC)

The Culinary Arts Certificate is designed for the serious hobbyist rather than the industry professional-in-training. Courses focus on food service sanitation and basic cooking skills.

Certificate courses also apply to the Culinary Arts associate's degree program.

Students in the certificate program are not eligible for financial aid or Kentucky reciprocity.

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## Culinary Arts (CUL)

Semester 1		Lec	Lab	Credits
CUL 100	Culinary Demonstration ( T )	2	0	2
CUL 101	Culinary 1 ( T )	0	6	3
ENG 101	English Composition 1 ( G )	3	0	3
IM 111	Computer Applications ( B )	2	3	3

FYE 1XX		1	0	1
First Year Experience Elective ( B )				
CUL 115	Food Service Sanitation ( B )	1	0	1
<b>Semester 2</b>				
BUS 190	Professional Practices ( B )	1	0	1
CUL 102	Culinary 2 ( T )	0	6	3
CUL 105	Culinary Baking ( T )	0	6	3
LAW 101	Business Law ( B )	3	0	3
ENG 10X	English Composition Elective ( G )	3	0	3
MAT 1XX	Mathematics Elective ( G )	3	0	3
<b>Semester 3</b>				
CUL X9X	Cooperative Education Elective 1: Culinary Arts ( T )	1	40	2
<b>Semester 4</b>				
CUL 110	Culinary Nutrition ( T )	0	6	3
CUL 200	Garde Manger ( T )	0	8	4
CUL 205	Culinary Production ( T )	0	6	3
HRM 110	Food and Beverage Cost Control ( B )	3	0	3
XXX XXX	Arts/ Humanities Elective ( G )	3	0	3
<b>Semester 5</b>				
CUL X9X	Cooperative Education Elective 2: Culinary Arts ( T )	1	40	2
<b>Semester 6</b>				
ACC 101	Financial Accounting ( B )	3	0	3
CUL 210	International Cuisine ( T )	0	6	3
CUL 290	Culinary Capstone ( T )	0	6	3
MGT 101	Principles of Management ( B )	3	0	3
XXX XXX	Social Science or Natural Science Elective ( G )	0	3	3
<b>Total</b>		<b>33</b>	<b>136</b>	<b>64</b>
<b>Credits:</b>				

## Electives

### First Year Experience Elective

FYE 100	College Success Strategies: Overview	1
FYE 105	College Success Strategies: Overview and Application	2
FYE 110	College Success Strategies: Practice and Application	3

### English Composition Elective

ENG 102	English Composition 2: Contemporary Issues	3
ENG 103	English Composition 2: Writing about Literature	3
ENG 104	English Composition 2: Technical Communication	3
ENG 105	English Composition 2: Business Communication	3

### Mathematics Elective

MAT 105	Quantitative Reasoning	3
MAT 111	Business Mathematics	3
MAT 131	Statistics 1	3
MAT 151	College Algebra	4

### Arts/Humanities Elective (select 1 course)

ART 110	Introduction to Art	3
ART 111	Art History: Ancient to Medieval Periods	3
ART 112	Art History: Renaissance to the Present	3
COMM 130	Introduction to Film Studies	3
LIT 200	Introduction to Literature	3
LIT 210	The Short Story	3
LIT 220	Poetry	3
LIT 230	Drama	3
LIT 240	The Novel	3
LIT 251	American Literature to 1865	3
LIT 252	American Literature since 1865	3
LIT 255	African American Literature	3
LIT 261	British Literature: Medieval Period to 1800	3
LIT 262	British Literature: 1800 to Present	3
LIT 265	Shakespeare	3
LIT 270	Children's Literature	3
LIT 280	Science Fiction	3
LIT 285	Women Writers	3
MUS 101	Music History: Middle Ages to Late 19th Century	3
MUS 102	Music History: 20th Century	3
MUS 105	Music History: African-American Music	3
MUS 110	Jazz Appreciation	3
MUS 115	Rock and Pop Music	3
MUS 120	World Music	3
PHI 105	Introduction to Philosophy	3
PHI 110	Ethics	3
REL 105	World Religions	3
THE 105	Theater Appreciation	3
THE 110	History of Theater	3
FRN 101	Elementary French 1	4
SPN 101	Elementary Spanish 1	4

### Social Science or Natural Science Elective (Select 1 course)

CHE 115	General, Organic, and Biological Chemistry	4
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ECO 105	Principles of Microeconomics	3
ECO 110	Principles of Macroeconomics	3
GEO 105	World Regional Geography: the Americas, Europe, and Australia	3
GEO 110	World Regional Geography: Asia, Africa, and the Middle East	3
GEO 115	Cultural Geography	3
HST 101	World History: First Civilizations to 1500	3
HST 102	World History: 1500 to Present	3
HST 111	American History: Early Settlers to 1877	3
HST 112	American History: 1877 to Present	3
HST 121	African American History: Origins to 1877	3
HST 122	African American History: 1877 to Present	3
HST 130	History of Africa	3
LBR 105	Introduction to Labor and Employee Relations	3
POL 101	Introduction to American Government	3
PSY 110	Introduction to Psychology	3
PSY 200	Abnormal Psychology	3
PSY 205	Child Development	3
PSY 210	Adolescent Development	3
PSY 215	Adult Development	3
PSY 220	Social Psychology	3
PSY 225	Lifespan Development	3
SOC 105	Introduction to Sociology	3
SOC 115	Marriage and the Family	3
SOC 130	Sociology of Aging	3
SOC 140	Sociology of Gender	3

### Cooperative Education Electives (4 credit hours required)

CUL 191	Part-Time Cooperative Education 1: Culinary Arts	1
CUL 192	Part-Time Cooperative Education 2: Culinary Arts	1
CUL 193	Part-Time Cooperative Education 3: Culinary Arts	1
CUL 194	Part-Time Cooperative Education 4: Culinary Arts	1
CUL 291	Full-Time Cooperative Education 1: Culinary Arts	2
CUL 292	Full-Time Cooperative Education 2: Culinary Arts	2

Some courses are offered in alternative versions identified with a letter after the course number-- for example, ENG 101 and ENG 101A.

- This curriculum displays only course numbers without the added letter.
- The alternative version, when available, meets the requirements of the course version without the added letter.

The letters G, B, and T (displayed after course titles or elective descriptions) identify types of courses required by the Ohio Department of Higher Education as part of an associate's degree curriculum.

G = General Education course in this curriculum

B = Basic Skills course in this curriculum

T = Technical course in this curriculum

## Culinary Arts Certificate (CAC)

Semester 1		Lec	Lab	Credits
CUL 100	Culinary Demonstration	2	0	2
CUL 101	Culinary 1	0	6	3
CUL 102	Culinary 2	0	6	3
CUL 115	Food Service Sanitation	1	0	1
XXX XXX	Culinary Elective	3	0	3
<b>Total</b>		<b>6</b>	<b>12</b>	<b>12</b>

### Electives

#### Culinary Elective

CUL 105	Culinary Baking	3
CUL 110	Culinary Nutrition	3
HRM 110	Food and Beverage Cost Control	3

Some courses are offered in alternative versions identified with a letter after the course number-- for example, ENG 101 and ENG 101A.

- This curriculum displays only course numbers without the added letter.
- The alternative version, when available, meets the requirements of the course version without the added letter.

## Culinary Arts (CUL)

- Demonstrate acceptable procedures when preparing potentially hazardous foods.
- Demonstrate good personal hygiene and health habits.
- Demonstrate safe and competent knife skills and tool and equipment operation.
- Use a standardized recipe.
- Prepare a variety of non-grand and classical sauces.
- Perform basic fabrication tasks with meat, poultry, and seafood.
- Calculate food costs and percentages.
- Evaluate the relationship of beverages to food.
- Demonstrate the ability to earn gainful employment working in the culinary industry.

## Faculty

### Program Chair

Chef Mary (Betsy) Lasorella, CEPC  
mary.lasorella@cincinnatiastate.edu

### Co-op Coordinator

Scott Holubetz, AAB, AOS, BA  
scott.holubetz@cincinnatiastate.edu

### Advisors

Chef Margaret (Meg) Galvin, CEC, WMCS  
margaret.galvin@cincinnatiastate.edu

Sien (Grace) Yek, MS, CCC  
grace.yek@cincinnatiastate.edu

Necole McGivens, MHRM  
necole.mcgivens@cincinnatiastate.edu

## CUL Courses

### CUL 100 Culinary Demonstration

**2 Credits. 2 Lecture Hours. 0 Lab Hour.**

A course that uses culinary demonstrations and problem solving to prepare students for activities in CUL 101. Grades issued are Satisfactory or Unsatisfactory.

Prerequisites: MAT 093 or appropriate placement

Corequisites: CUL 101

Instructor Consent Required

### CUL 101 Culinary 1

**3 Credits. 0 Lecture Hour. 6 Lab Hours.**

A course on fundamental culinary skills. Topics include: kitchen orientation, knife skills, cooking methods, and preparation of stocks, sauces, and soups.

Prerequisites: MAT 093 (minimum grade C) or appropriate placement

Corequisites: CUL 100

Instructor Consent Required

### CUL 102 Culinary 2

**3 Credits. 0 Lecture Hour. 6 Lab Hours.**

A continuation of CUL 101. Topics include: advanced cooking methods; meat, fish, and poultry cookery; and platter presentation.

Prerequisites: CUL 100 and CUL 101 and CUL 115 (minimum grade C for all)

Instructor Consent Required

### CUL 105 Culinary Baking

**3 Credits. 0 Lecture Hour. 6 Lab Hours.**

A course on concepts and techniques of baking and pastries. Topics include: product identification, use of baking equipment, production of flour confectionery items, and preparation of desserts.

Prerequisites: CUL 100 and CUL 101 (minimum grade C for both)

Instructor Consent Required

### CUL 110 Culinary Nutrition

**3 Credits. 0 Lecture Hour. 6 Lab Hours.**

A course on concepts and techniques for combining nutrition science with the art of preparing food that is wholesome and nutritionally balanced. Topics include: practical applications of nutrition theory, modifying recipes, and developing menus.

Prerequisites: CUL 102 (minimum grade C)

Instructor Consent Required

### CUL 115 Food Service Sanitation

**1 Credit. 1 Lecture Hour. 0 Lab Hour.**

A course on sanitation and safety in the food service industry, which includes the National Restaurant Association Education Foundation's ServSafe Manager Certification in Food Protection Exam. Students must pass the exam with a minimum score of 75%. Successful completion earns the designations of ServSafe Food Protection Manager and Ohio Department of Health Manager Certification in Food Protection.

Prerequisites: ENG 085 or appropriate placement

**CUL 150 Culinary Management ATS: Advanced Stand  
30 Credits. 30 Lecture Hours. 0 Lab Hour.**

Students complete industry training specific to culinary education, such as Cincinnati Cooks.

Prerequisites: Program Chair consent  
Instructor Consent Required

**CUL 191 Part-Time Cooperative Education 1: Culinary Arts  
1 Credit. 1 Lecture Hour. 20 Lab Hours.**

Students seeking an associate's degree participate in their first part-time field learning experience related to their degree. Students are expected to register for academic courses during the same semester. Students must follow cooperative education policies and procedures to earn credit. Grades issued are Satisfactory or Unsatisfactory.

Prerequisites: BUS 190 (minimum grade C) and co-op coordinator consent  
Instructor Consent Required

**CUL 192 Part-Time Cooperative Education 2: Culinary Arts  
1 Credit. 1 Lecture Hour. 20 Lab Hours.**

Students seeking an associate's degree participate in their second part-time field learning experience related to their degree. Students are expected to register for academic courses during the same semester. Students must follow cooperative education policies and procedures to earn credit. Grades issued are Satisfactory or Unsatisfactory.

Prerequisites: CUL 191

**CUL 193 Part-Time Cooperative Education 3: Culinary Arts  
1 Credit. 1 Lecture Hour. 20 Lab Hours.**

Students seeking an associate's degree participate in their third part-time field learning experience related to their degree. Students are expected to register for academic courses during the same semester. Students must follow cooperative education policies and procedures to earn credit. Grades issued are Satisfactory or Unsatisfactory.

Prerequisites: CUL 192

**CUL 194 Part-Time Cooperative Education 4: Culinary Arts  
1 Credit. 1 Lecture Hour. 20 Lab Hours.**

Students seeking an associate's degree participate in their fourth part-time field learning experience related to their degree. Students are expected to register for academic courses during the same semester. Students must follow cooperative education policies and procedures to earn credit. Grades issued are Satisfactory or Unsatisfactory.

Prerequisites: CUL 193

**CUL 195 Part-Time Cooperative Education 5: Culinary Arts  
1 Credit. 1 Lecture Hour. 20 Lab Hours.**

Students seeking an associate's degree participate in their fifth part-time field learning experience related to their degree. Students are expected to register for academic courses during the same semester. Students must follow cooperative education policies and procedures to earn credit. Grades issued are Satisfactory or Unsatisfactory.

Prerequisites: CUL 194

**CUL 196 Part-Time Cooperative Education 6: Culinary Arts  
1 Credit. 1 Lecture Hour. 20 Lab Hours.**

Students seeking an associate's degree participate in their sixth part-time field learning experience related to their degree. Students are expected to register for academic courses during the same semester. Students must follow cooperative education policies and procedures to earn credit. Grades issued are Satisfactory or Unsatisfactory.

Prerequisites: None

**CUL 200 Garde Manger  
4 Credits. 0 Lecture Hour. 8 Lab Hours.**

A course on concepts and techniques for contemporary practice of garde manger. Topics include: basic meat fabrication, knowledge of the cold kitchen, and platter and buffet presentation.

Prerequisites: CUL 102 and CUL 105 (minimum grade C for both)  
Instructor Consent Required

**CUL 205 Culinary Production  
3 Credits. 0 Lecture Hour. 6 Lab Hours.**

A course on concepts of food service production and service techniques. Topics include: buffet, banquet, and a la carte production.

Prerequisites: CUL 102 (minimum grade C) and BUS 190  
Instructor Consent Required

**CUL 210 International Cuisine  
3 Credits. 0 Lecture Hour. 6 Lab Hours.**

A study of world cuisines. Topics include: regional products, cultural influences on food, differentiated cooking techniques, and international menus.

Prerequisites: CUL 200 (minimum grade C)  
Instructor Consent Required

**CUL 290 Culinary Capstone  
3 Credits. 0 Lecture Hour. 6 Lab Hours.**

Students complete project work while applying knowledge and skills from culinary, nutrition, costing, and management areas.

Prerequisites: CUL 110 and CUL 200 and CUL 205 (minimum grade C for all)

**CUL 291 Full-Time Cooperative Education 1: Culinary Arts  
2 Credits. 1 Lecture Hour. 40 Lab Hours.**

Students seeking an associate's degree participate in their first full-time field learning experience related to their degree. Students must follow cooperative education policies and procedures to earn credit. Grades issued are Satisfactory or Unsatisfactory.

Prerequisites: BUS 190 (minimum grade C) and co-op coordinator consent  
Instructor Consent Required

**CUL 292 Full-Time Cooperative Education 2: Culinary Arts  
2 Credits. 1 Lecture Hour. 40 Lab Hours.**

Students seeking an associate's degree participate in their second full-time field learning experience related to their degree. Students must follow cooperative education policies and procedures to earn credit. Grades issued are Satisfactory or Unsatisfactory.

Prerequisites: CUL 291

**CUL 293 Full-Time Cooperative Education 3: Culinary Arts  
2 Credits. 1 Lecture Hour. 40 Lab Hours.**

Students seeking an associate's degree participate in their third full-time field learning experience related to their degree. Students must follow cooperative education policies and procedures to earn credit. Grades issued are Satisfactory or Unsatisfactory.

Prerequisites: CUL 292