

Human and Social Services (HSS)

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The Human and Social Services program at Cincinnati State prepares graduates for employment in a variety of human services, social services, and behavioral health settings, including mental health, chemical dependency treatment, corrections, developmental disabilities, and other areas.

Graduates of the program earn an Associate of Applied Science degree, and are eligible to register as a Social Work Assistant (SWA) through the Ohio Counseling, Social Worker, and Marriage and Family Therapist (CSWMFT) Board.

The SWA registration process requires earning grades of C or higher in all relevant coursework, including mandatory practicum experience. In addition, those seeking SWA registration must submit an official transcript, complete BCI and FBI background checks, and complete other steps outlined on the Ohio CSWMFT Board

For more information, please contact the Humanities and Sciences Division at (513) 569-1700.

To apply for this program at Cincinnati State, visit the Admissions (<http://www.cincinnati.edu/academics/admission/>) section of the College website.

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Semester 1		Lec	Lab	Credits
FYE 1XX First Year Experience Elective (B)		1	0	1
ENG 101	English Composition 1 (G)	3	0	3
ADC 100	Drugs in Society (B)	3	0	3
IM 111	Computer Applications (B)	2	3	3
PSY 110	Introduction to Psychology (G)	3	0	3
Semester 2				
ENG 10X English Composition Elective (G)		3	0	3
HSV 110	Introduction to Human Services (B)	3	0	3
HSV 115	Counseling and Interviewing Techniques (T)	3	0	3
SOC 105	Introduction to Sociology (B)	3	0	3
Semester 3				
PSY 200	Abnormal Psychology (T)	3	0	3
MAT 131	Statistics 1 (G)	2	2	3
SWK 110	Introduction to Social Work (B)	3	0	3
HSV 210	Treatment Planning and Documentation (T)	3	0	3
Semester 4				

HSV 215	Group Work in Human Services (T)	4	0	4
SWK 200	Social Welfare Policy (T)	3	0	3
HSV 291	Human Services Practicum 1 (T)	1	10	2
PHI 110	Ethics (G)	3	0	3
Semester 5				
PSY 225	Lifespan Development (T)	3	0	3
HSV 220	Family Theory and Services (T)	4	0	4
HSV 292	Human Services Practicum 2 (T)	1	10	2
SWK 205	Case Management for Human Services Professionals (T)	3	0	3

Total 57 25 61
Credits:

Electives

First Year Experience Elective

FYE 100	College Success Strategies: Overview	1
FYE 105	College Success Strategies: Overview and Application	2
FYE 110	College Success Strategies: Practice and Application	3

English Composition Elective

ENG 102	English Composition 2: Contemporary Issues	3
ENG 103	English Composition 2: Writing about Literature	3
ENG 104	English Composition 2: Technical Communication	3
ENG 105	English Composition 2: Business Communication	3

Some courses are offered in alternative versions identified with a letter after the course number-- for example, ENG 101 and ENG 101A.

- This curriculum displays only course numbers without the added letter.
- The alternative version, when available, meets the requirements of the course version without the added letter.

The letters G, B, and T (displayed after course titles or elective descriptions) identify types of courses required by the Ohio Department of Higher Education as part of an associate's degree curriculum.

G = General Education course in this curriculum

B = Basic Skills course in this curriculum

T = Technical course in this curriculum

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- Apply evidence-based theoretical concepts and frameworks that guide the process of engagement, assessment, service planning, intervention, and evaluation.
- Conduct oneself according to the standards within the profession, including following codes of ethics and displaying the essential qualities and characteristics of professionals in this field.

- Demonstrate an understanding of the dynamics and patterns contributing to the development of an individual's current functioning
- Articulate and exchange ideas using clear, concise, and open communication skills, including verbal, non-verbal, and written communications, in a professional manner.
- Utilize practices and techniques that encompass group facilitation, assessment, behavior change, and motivating practices while working with diverse client populations.
- Demonstrate professional and ethical practice with a sensitivity to and respect for diversity.
- Critically analyze, synthesize, and evaluate multiple sources of information and evidence.
- Engage in healthy practices, sufficient self-awareness, and effective self-care.

Courses

HSV 110 Introduction to Human Services

3 Credits. 3 Lecture Hours. 0 Lab Hour.

An introduction to the human services field. Topics include: settings where human services professionals practice; the role of the social work assistant; ethical, legal, and professional standards; and understanding how to serve a diverse population.

Prerequisites: ENG 101

HSV 115 Counseling and Interviewing Techniques

3 Credits. 3 Lecture Hours. 0 Lab Hour.

A course on components of interviewing and counseling within the helping professions. Topics include: counseling theory and techniques, and intervention strategies and skills used by human services professionals.

Prerequisites: HSV 110 or SWK 110 or PSY 110 (minimum grade C for all)

HSV 210 Treatment Planning and Documentation

3 Credits. 3 Lecture Hours. 0 Lab Hour.

A course on record keeping for the human services profession. Topics include: functional, legal, and ethical aspects of documentation; electronic record keeping; and problem statements, client assessments, goal/service plans, and progress notes.

Prerequisites: HSV 115 (minimum grade C)

HSV 215 Group Work in Human Services

4 Credits. 4 Lecture Hours. 0 Lab Hour.

A course on the history, practice, and theory of group work pertaining to human/social service settings. Topics include: types of groups, stages of the group process, role of the facilitator, participant roles and influences, and group counseling techniques.

Prerequisites: HSV 110 or ADC 105 (minimum grade C for both)

HSV 220 Family Theory and Services

4 Credits. 4 Lecture Hours. 0 Lab Hour.

A course on family theories, counseling approaches, and intervention strategies. Topics include: services and resources available to families, concepts related to traditional and nontraditional families, and intergenerational patterns of behavior and family traits.

Prerequisites: HSV 110 or SWK 110 or ADC 105 (minimum grade C for all)

HSV 291 Human Services Practicum 1

2 Credits. 1 Lecture Hour. 10 Lab Hours.

Students spend at least 10 hours per week, for a total of 150 hours for the semester, at a community agency providing direct service under professional supervision. Students also participate in a weekly 1-hour seminar. Confidentiality and professionalism are emphasized.

Prerequisites: HSV 110 and HSV 115 and HSV 210 (minimum grade C for all)

HSV 292 Human Services Practicum 2

2 Credits. 1 Lecture Hour. 10 Lab Hours.

A continuation of HSV 291, focused on developing and enhancing skills. Students spend at least 10 hours per week, for a total of 150 hours for the semester, at a community agency providing direct service under professional supervision. Students also participate in a weekly 1-hour seminar.

Prerequisites: HSV 291 (minimum grade C)