Human and Social Services - Addiction Studies Major (HSSAD)

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The Human and Social Services Addiction Studies major at Cincinnati State prepares graduates for employment in a variety of human services, social services, and behavioral health settings, with a focus on chemical dependency treatment.

Graduates of the program earn an Associate of Applied Science degree, and obtain the education required to apply for multiple credentials through the Ohio Chemical Dependency Professionals (CDP) Board.

The Ohio CDP Board application process requires earning grades of C or higher in all relevant coursework, including mandatory practicum experience. In addition, those seeking credentialing must submit an official transcript, complete required field experience hours, and complete other steps outlined on the Ohio CDP Board website: https://ocdp.ohio.gov.

For more information, please contact the Humanities and Sciences Division at (513) 569-1700.

To apply for this program at Cincinnati State, visit the Admissions (http://www.cincinnatistate.edu/academics/admission) section of the College website.

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Semester 1		Lec	Lab	Credits
FYE 1XX First Year Experience Elective (**B**)		1	0	1
ENG 101	English Composition 1 (**G**)	3	0	3
ADC 100	Drugs in Society (**B**)	3	0	3
ADC 105	Addiction, Counseling, and Diversity (**B**)	3	0	3
PSY 110	Introduction to Psychology (**G**)	3	0	3
Semester 2				
HSV 110	Introduction to Human Services (**B**)	3	0	3
HSV 115	Counseling and Interviewing Techniques (**T**)	3	0	3
ADC 115	Ethics in Addiction Treatment (**T**)	3	0	3
ADC 125	Relapse, Treatment, and Prevention (**T**)	3	0	3
Semester 3				
ENG 10X English Composition Elective (**G**)		3	0	3
ADC 200	Dual Diagnosis: Substance Abuse and Mental Illness (**T**)	4	0	4
HSV 210	Treatment Planning and Documentation (**G**)	3	0	3
PSY 225	Lifespan Development (**T**)	3	0	3
Semester 4				
HSV 215	Group Work in Human Services (**T**)	4	0	4
HSV 291	Human Services Practicum 1 (**T**)	1	10	2
SOC 105	Introduction to Sociology (**B**)	3	0	3
MAT 131	Statistics 1 (**G**)	2	2	3
Semester 5				
HSV 220	Family Theory and Services (**T**)	4	0	4
HSV 292	Human Services Practicum 2 (**T**)	1	10	2
COMM 105	Interpersonal Communication (**B**)	3	0	3
XXX XXX Arts and Humanities Elective (**G**)		3	0	3
Total Credits:		**59**	**22**	**62**

Electives

FYE Elective		
FYE 100	Essentials for College Success	1
FYE 105	Skills for College and Personal Success	2
FYE 110	Intensive College Success Strategies	3
FYE 120	College Success Strategies: Campus Integration	4
English Composition Elective		
ENG 102	English Composition 2: Contemporary Issues	3
ENG 103	English Composition 2: Writing about Literature	3
ENG 104	English Composition 2: Technical Communication	3
ENG 105	English Composition 2: Business Communication	3
Arts and Humanities Elective		
Any OT36 Approved course from: ART, LIT, MUS, PHI, REL, or COMM 130 or any course from ASL, FRN, SPN		

Some courses are offered in alternative versions identified with a letter after the course number-- for example, ENG 101 and ENG 101A.

- This curriculum displays only course numbers without the added letter.
- The alternative version, when available, meets the requirements of the course version without the added letter.

The letters G, B, and T (displayed after course titles or elective descriptions) identify types of courses required by the Ohio

Department of Higher Education as part of an associate's degree curriculum.

G = General Education course in this curriculum

B = Basic Skills course in this curriculum

T = Technical course in this curriculum

ADC Courses

ADC 100 Drugs in Society
3 Credits. 3 Lecture Hours. 0 Lab Hour.
A course on the use and abuse of drugs and alcohol. Topics include: causes of drug abuse; and drug abuse prevention, early intervention, and treatment programs.
Prerequisites: None

ADC 105 Addiction, Counseling, and Diversity
3 Credits. 3 Lecture Hours. 0 Lab Hour.
A survey of addiction studies topics, emphasizing the importance of cultural competency in substance abuse counseling.
Prerequisites: Placement into ENG 101A

ADC 110 Pharmacology of Addiction
3 Credits. 3 Lecture Hours. 0 Lab Hour.
A course on psychological and physiological effects of mood-altering substances. Topics include: physical and psychological characteristics of addiction; drug tolerance, dependency, and withdrawal; cross addictions; and drug interactions.
Prerequisites: ENG 101 and ADC 100 and ADC 105

ADC 115 Ethics in Addiction Treatment
3 Credits. 3 Lecture Hours. 0 Lab Hour.
A course on ethical and legal issues in the field of substance abuse counseling. Topics include: the counselor as a professional, values and helping relationships, client rights and counselor responsibilities, and ethics and cultural sensitivity.
Prerequisites: ADC 100 and ADC 105

ADC 120 Addiction Screening, Assessment, and Treatment
3 Credits. 3 Lecture Hours. 0 Lab Hour.
A course on systematic approaches to addiction counseling. Topics include: making appropriate referrals, using community resources, collaborating in the counselor/client relationship, and planning and implementing treatment.
Prerequisites: ENG 101 and ADC 100 and ADC 105

ADC 125 Relapse, Treatment, and Prevention
3 Credits. 3 Lecture Hours. 0 Lab Hour.
A course on factors that influence relapse in drug and alcohol abuse, and best practices for preventing and treating relapse.
Prerequisites: ADC 100 and ADC 105

ADC 200 Dual Diagnosis: Substance Abuse and Mental Illness
4 Credits. 4 Lecture Hours. 0 Lab Hour.
A course on co-occuring psychiatric and substance abuse disorders and their impact on the individual, family, and community. Topics include: differential diagnosis of chemical dependency and mental disorders; assessment strategies; intervention approaches; and working with clients with dual disorders, including addicted trauma survivors.
Prerequisites: ADC 105

HSV Courses

HSV 110 Introduction to Human Services
3 Credits. 3 Lecture Hours. 0 Lab Hour.
An introduction to the human services field. Topics include: settings where human services professionals practice; the role of the social work assistant; ethical, legal, and professional standards; and understanding how to serve a diverse population.
Prerequisites: Placement into ENG 101A

HSV 115 Counseling and Interviewing Techniques
3 Credits. 3 Lecture Hours. 0 Lab Hour.
A course on components of interviewing and counseling within the helping professions. Topics include: counseling theory and techniques, and intervention strategies and skills used by human services professionals.
Prerequisites: SWK 110 or HSV 110 or PSY 110 or ADC 105 (Minimum grade C for all)

HSV 210 Treatment Planning and Documentation
3 Credits. 3 Lecture Hours. 0 Lab Hour.
A course on record keeping for the human services profession. Topics include: functional, legal, and ethical aspects of documentation; electronic record keeping; and problem statements, client assessments, goal/service plans, and progress notes.
Prerequisites: HSV 115 (minimum grade C)

HSV 215 Group Work in Human Services
4 Credits. 4 Lecture Hours. 0 Lab Hour.
A course on the history, practice, and theory of group work pertaining to human/social service settings. Topics include: types of groups, stages of the group process, role of the facilitator, participant roles and influences, and group counseling techniques.
Prerequisites: HSV 110 or ADC 105 (minimum grade C for both)

HSV 220 Family Theory and Services
4 Credits. 4 Lecture Hours. 0 Lab Hour.
A course on family theories, counseling approaches, and intervention strategies. Topics include: services and resources available to families, concepts related to traditional and nontraditional families, and intergenerational patterns of behavior and family traits.
Prerequisites: HSV 110 or SWK 110 or ADC 105 (minimum grade C for all)

HSV 291 Human Services Practicum 1
2 Credits. 1 Lecture Hour. 10 Lab Hours.
Students spend at least 10 hours per week, for a total of 150 hours for the semester, at a community agency providing direct service under professional supervision. Students also participate in a weekly 1-hour seminar. Confidentiality and professionalism are emphasized.
Prerequisites: HSV 110 and HSV 115 and HSV 210 (minimum grade C for all)

HSV 292 Human Services Practicum 2
2 Credits. 1 Lecture Hour. 10 Lab Hours.
A continuation of HSV 291, focused on developing and enhancing skills. Students spend at least 10 hours per week, for a total of 150 hours for the semester, at a community agency providing direct service under professional supervision. Students also participate in a weekly 1-hour seminar.
Prerequisites: HSV 291 (minimum grade C)