### **ADC**

### Courses

### **ADC 100 Drugs in Society**

#### 3 Credits. 3 Lecture Hours. 0 Lab Hour.

A course on the use and abuse of drugs and alcohol. Topics include: causes of drug abuse; and drug abuse prevention, early intervention, and treatment programs.

Prerequisites: None

## ADC 105 Addiction, Counseling, and Diversity 3 Credits. 3 Lecture Hours. 0 Lab Hour.

A survey of addiction studies topics, emphasizing the importance of cultural competency in substance abuse counseling. Prerequisites: ENG 085 or appropriate placement

### **ADC 110 Pharmacology of Addiction**

### 3 Credits. 3 Lecture Hours. 0 Lab Hour.

A course on psychological and physiological effects of mood-altering substances. Topics include: physical and psychological characteristics of addiction; drug tolerance, dependency, and withdrawal; cross addictions; and drug interactions.

Prerequisites: ENG 085 or appropriate placement, and ADC 100 and ADC 105, or 15 RCHs and Program Chair consent

#### **ADC 115 Ethics in Addiction Treatment**

#### 3 Credits. 3 Lecture Hours. 0 Lab Hour.

A course on ethical and legal issues in the field of substance abuse counseling. Topics include: the counselor as a professional, values and helping relationships, client rights and counselor responsibilities, and ethics and cultural sensitivity.

Prerequisites: ENG 085 or appropriate placement, and ADC 100 and ADC 105, or 15 RCHs and Program Chair consent

# ADC 120 Addiction Screening, Assessment, and Treatment 3 Credits. 3 Lecture Hours. 0 Lab Hour.

A course on systematic approaches to addiction counseling. Topics include: making appropriate referrals, using community resources, collaborating in the counselor/client relationship, and planning and implementing treatment.

Prerequisites: ADC 100 and ADC 105

# ADC 125 Relapse, Treatment, and Prevention 3 Credits. 3 Lecture Hours. 0 Lab Hour.

A course on factors that influence relapse in drug and alcohol abuse, and best practices for preventing and treating relapse.

Prerequisites: ENG 085 or appropriate placement, and ADC 100 and ADC 105, or 15 RCHs and Program Chair consent

# ADC 200 Dual Diagnosis: Substance Abuse and Mental Illness 4 Credits. 4 Lecture Hours. 0 Lab Hour.

A course on co-occuring psychiatric and substance abuse disorders and their impact on the individual, family, and community. Topics include: differential diagnosis of chemical dependency and mental disorders; assessment strategies; intervention approaches; and working with clients with dual disorders, including addicted trauma survivors.

Prerequisites: ADC 120

# ADC 205 Addiction Studies Practicum 2 Credits. 1 Lecture Hour. 7 Lab Hours.

Students spend at least seven hours per week in a substance abuse/ addiction facility that serves culturally, linguistically, and socio-economically diverse populations, under the supervision of a Licensed Certified Chemical Dependency Counselor, Licensed Independent Social Worker or other professional with a Master of Social Work degree.

Prerequisites: ADC 115, ADC 120, ADC 125