

# OTA

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## Courses

### **OTA 100 Introduction to Occupational Therapy Assisting** **3 Credits. 3 Lecture Hours. 0 Lab Hour.**

A course on history, philosophy, and development of occupational therapy. Topics include: the Occupational Therapy Practice Framework, role and function of occupational therapists and occupational therapy assistants, and relationship of this field to other allied health professions. Students observe community occupational therapy settings.

Prerequisites: Admitted to OTA program (or OTA Pre-Admit status and completing Selective Enrollment steps)

Instructor Consent Required

### **OTA 101 Professionalism in Occupational Therapy** **1 Credit. 0 Lecture Hour. 2 Lab Hours.**

A course on basic tenets of professional behaviors required for client treatment and working in the health care field. Topics include: professional dress, written and verbal communication, time management, ethics, and professional associations.

Prerequisites: OTA 100 (minimum grade C)

### **OTA 105 Theory of Occupational Therapy** **3 Credits. 3 Lecture Hours. 0 Lab Hour.**

A course on developmental processes of human performance. Topics include: occupational tasks and roles from birth to death; age-appropriate balance of work, self-care, and play/leisure; the impact of disease; and the therapeutic use of self.

Prerequisites: Admitted to the OTA program through the selective enrollment process, and instructor consent

Corequisites: OTA 106: Techniques of Occupational Therapy

Instructor Consent Required

### **OTA 106 Techniques of Occupational Therapy** **2 Credits. 0 Lecture Hour. 4 Lab Hours.**

A course on use of crafts and occupation-based activity as therapeutic modalities in treatment toward function. Topics include: activity analysis and therapeutic adaptations, problem-solving, and critical thinking.

Prerequisites: Admission to the OTA program through the selective enrollment process, and instructor consent

Corequisites: OTA 105: Theory of Occupational Therapy

Instructor Consent Required

### **OTA 107 Clinical Competency Foundations for Occupational Therapy Assistant** **1 Credit. 2 Lab Hours.**

A course for Occupational Therapy Assistant students on essential client care skills that provide a foundation for future OTA courses and clinical fieldwork. Students must successfully complete several practical examinations to earn a passing grade in the course.

Prerequisites: Admitted to the OTA program through the selective enrollment process, and instructor consent

Instructor Consent Required

### **OTA 110 Concepts and Skills of Occupational Therapy: Psychosocial**

#### **2 Credits. 2 Lecture Hours. 0 Lab Hour.**

A course on the role of occupational therapy in the treatment of adults in a mental health setting. Topics include: analysis and observational skills, use of self and group for therapeutic intervention, application of group process, and documentation and communication.

Prerequisites: OTA 105, OTA 106 (minimum grade C for both)

### **OTA 111 Therapeutic Media for Occupational Therapy: Psychosocial**

#### **2 Credits. 0 Lecture Hour. 4 Lab Hours.**

A mental health laboratory experience that accompanies OTA 110.

Topics include: leadership and critical thinking skills needed in a group setting, applying group process, and using purposeful activity and crafts as therapeutic tools.

Prerequisites: OTA 105, OTA 106 (minimum grade C for both)

### **OTA 120 Concepts and Skills of Occupational Therapy: Pediatrics** **2 Credits. 2 Lecture Hours. 0 Lab Hour.**

A course on the role of occupational therapy in treatment of children with physical and/or psychological dysfunction. Topics include: normal development, developmental disabilities, choosing functionally significant and age-appropriate treatment interventions, documentation, and the team approach.

Prerequisites: OTA 105, OTA 106 (minimum grade C for both)

### **OTA 121 Therapeutic Media for Occupational Therapy: Pediatrics** **2 Credits. 0 Lecture Hour. 4 Lab Hours.**

A pediatric laboratory experience that accompanies OTA 120. Topics include: basic developmental screening; using play as a therapeutic tool; evaluating other occupational performance skills; using adaptive equipment; and therapeutic techniques for positioning, handling, and feeding.

Prerequisites: OTA 105, OTA 106 (minimum grade C for both)

### **OTA 180 Occupational Therapy Assisting Level I Fieldwork 1** **2 Credits. 1 Lecture Hour. 5 Lab Hours.**

Students observe and participate in directed observations and service delivery in a facility or community setting that provides treatment or services for children. Students also attend on-campus seminars to discuss service delivery, inter- and intradisciplinary team relationships, referral to specialists, and relevant ethical issues. Students discuss and develop professional behavior skills. Students must provide proof of current certification in CPR and First Aid.

Prerequisites: OTA 105 and OTA 106 (minimum grade C for both)

### **OTA 185 Occupational Therapy Assisting Level I Fieldwork 2** **2 Credits. 1 Lecture Hour. 5 Lab Hours.**

Directed observation and participation in a community occupational therapy setting with emphasis on psychosocial topics. Students must provide proof of current certification in CPR and First Aid.

Prerequisites: OTA 120 and OTA 121 (minimum grade C for both)

### **OTA 230 Concepts and Skills of Occupational Therapy: Physical Disabilities**

#### **4 Credits. 4 Lecture Hours. 0 Lab Hour.**

A course on the role of occupational therapy in treatment of adults and elders with physical dysfunction in settings including in-patient, out-patient and rehabilitation. Topics include: treatment techniques for various diagnoses, treatment planning and implementation, and documentation skills.

Prerequisites: OTA 110 and OTA 185 (minimum grade C for all)

**OTA 231 Therapeutic Media for Occupational Therapy: Physical Disabilities**

**3 Credits. 0 Lecture Hour. 6 Lab Hours.**

A physical disabilities laboratory experience that accompanies OTA 230. Topics include: techniques for activities of daily living, therapeutic adaptations, adaptive/assistive equipment, community mobility, community resources, and critical thinking skills.

Prerequisites: OTA 111 and OTA 121 (minimum grade C for both)

**OTA 233 Kinesiology for Occupational Therapy**

**3 Credits. 2 Lecture Hours. 2 Lab Hours.**

A course on the movement of body parts in relation to rehabilitation therapy. Topics include: kinematics and movement analysis; fabrication, application, fitting, and using orthotic positioning devices; and administering superficial thermal and mechanical modalities to improve occupational performance.

Prerequisites: OTA 110 and OTA 120 (minimum grade C for both)

**OTA 240 Fundamentals of Occupational Therapy Practice**

**1 Credit. 1 Lecture Hour. 0 Lab Hour.**

A course on professional concerns for the practicing Occupational Therapy Assistant. Topics include: licensure, liability, continuing education, national registration, and promoting occupational therapy. Students prepare for Level 2 Field Work experience.

Prerequisites: OTA 230, OTA 231, OTA 233 (minimum grade C for all)

**OTA 241 Fundamentals of Occupational Therapy Practice 1**

**1 Credit. 1 Lecture Hour. 0 Lab Hour.**

A course on professional concerns for the practicing Occupational Therapy Assistant. Topics include: role delineation, supervision, leadership, management, and promoting occupational therapy. Students prepare for the Level II internship experience.

Prerequisites: OTA 230 and OTA 231 and OTA 280 and OTA 233

**OTA 242 Fundamentals of Occupational Therapy Practice 2**

**1 Credit. 1 Lecture Hour. 0 Lab Hour.**

A continuation of OTA 241. Topics include: preparation for employment including licensure, liability, and the national certification exam.

Prerequisites: OTA 241

**OTA 245 Therapeutic Media Analysis for Occupational Therapy**

**1 Credit. 0 Lecture Hour. 3 Lab Hours.**

A course on using crafts and occupation-based activities in various clinical settings. Topics include: analyzing tasks and developing group leadership skills.

Prerequisites: OTA 230, OTA 231, OTA 233 (minimum grade C for all)

**OTA 280 Occupational Therapy Assisting Level I Fieldwork 3**

**2 Credits. 1 Lecture Hour. 4 Lab Hours.**

Directed observation and participation in a community occupational therapy setting with emphasis on physical disabilities and geriatric topics. Students must provide proof of current certification in CPR and First Aid.

Prerequisites: OTA 180 (minimum grade C)

**OTA 294 OTA Level II Fieldwork 1**

**1 Credit. 0 Lecture Hour. 22 Lab Hours.**

An internship that provides 8 weeks of full-time work experience delivering occupational therapy services for various ages and conditions, under the supervision of a registered occupational therapy practitioner.

Prerequisites: OTA 230 and OTA 231 and OTA 280

**OTA 295 OTA Level II Fieldwork 2**

**1 Credit. 0 Lecture Hour. 22 Lab Hours.**

An internship that provides 8 weeks of full-time work experience delivering occupational therapy services for various ages and conditions, under the supervision of a registered occupational therapy practitioner.

Prerequisites: OTA 230 and OTA 231 and OTA 280