

Dietary Management Certificates (DMCP1, DMCP2, DMCP3)

Dietary Management Certificate Pathway I (DMCP1)

Dietary Managers work in teams with registered dietitians and dietetic technicians and are an integral part of health care and food service management teams. The Dietary Management Certificate program provides courses in food service management, nutrition, sanitation, and human resources.

The Dietary Management Certificate offers three pathways that prepare students to earn the Certified Dietary Manager, Certified Food Protection Professional (CDM, CFPP) credential.

Pathway I is available for candidates with no college degree or noncommercial foodservice management experience.

Other pathways include:

- **Pathway II:** Available for candidates who hold a 2-year or 4-year degree in foodservice/hospitality management, culinary, pastry, or nutrition. This pathway is available only through online education.
- **Pathway IIIb:** Available for candidates with no college degree, but have at least 2 years of non-commercial foodservice management experience.

Graduates of Pathway I earn a Certificate as a Dietary Manager, which includes 252 hours of directed practice and practicums. Students also are required to complete an additional 27 hours of professional meetings, food shows, and wellness and program support.

The program is approved by the Association for Foodservice and Nutrition Professionals, 406 Surrey Woods Drive, St. Charles, IL 60174. Phone (800) 323-1908. Website www.afnponline.org

Upon successful completion of the program, graduates of Pathway I are eligible to take the national certification exam to become a Certified Dietary Manager, Certified Food Protection Professional.

For more information, please contact the Business Technologies Division at (513) 569-1620.

To apply for this program at Cincinnati State, visit the Admissions (<http://www.cincinnati.edu/academics/admission/>) section of the College website.

Dietary Management Certificate Pathway II (DMCP2)

Dietary Managers work in teams with registered dietitians and dietetic technicians and are an integral part of health care and food service management teams. The Dietary Management Certificate program provides courses in food service management, nutrition, sanitation, and human resources.

The Dietary Management Certificate offers three pathways that prepare students to earn the Certified Dietary Manager, Certified Food Protection Professional (CDM, CFPP) credential.

Pathway II is available for candidates who hold a 2-year or 4-year degree in foodservice/hospitality management, culinary, pastry, or nutrition. This pathway is available only through online education.

Other pathways include:

- **Pathway I:** Available for candidates with no college degree or noncommercial foodservice management experience.
- **Pathway IIIb:** Available for candidates with no college degree who have at least 2 years of non-commercial foodservice management experience.

The program is approved by the Association of Nutrition & Foodservice Professionals, PO Box 3610, St. Charles, IL 60174. Phone (800) 323-1908. Website: www.ANFPonline.org (<https://www.anfponline.org/>).

Upon successful completion of the program, graduates of Pathway II are eligible to take the national certification exam to become a Certified Dietary Manager, Certified Food Protection Professional.

For more information, please contact the Business Technologies Division at (513) 569-1620.

To apply for this program at Cincinnati State, visit the Admissions (<http://www.cincinnati.edu/academics/admission/>) section of the College website.

Dietary Management Certificate Pathway IIIb (DMCP3)

Dietary Managers work in teams with registered dietitians and dietetic technicians and are an integral part of health care and food service management teams. The Dietary Management Certificate program provides courses in food service management, nutrition, sanitation, and human resources.

The Dietary Management Certificate offers three pathways that prepare students to earn the Certified Dietary Manager, Certified Food Protection Professional (CDM, CFPP) credential.

Pathway IIIb is available for candidates with no college degree who have at least 2 years of non-commercial foodservice management experience.

Other pathways include:

- **Pathway I:** Available for candidates with no college degree or noncommercial foodservice management experience.
- **Pathway II:** Available for candidates who hold a 2-year or 4-year degree in foodservice/hospitality management, culinary, pastry, or nutrition. This pathway is available only through online education.

The program is approved by the Association of Nutrition & Foodservice Professionals, PO Box 3610, St. Charles, IL 60174. Phone (800) 323-1908. Website: www.ANFPonline.org (<https://www.anfponline.org/>).

Upon successful completion of the program, graduates of Pathway IIIb are eligible to take the national certification exam to become a Certified Dietary Manager, Certified Food Protection Professional.

For more information, please contact the Business Technologies Division at (513) 569-1620.

To apply for this program at Cincinnati State, visit the Admissions (<http://www.cincinnati.state.edu/academics/admission/>) section of the College website.

Dietary Management Certificate Pathway I (DMCP1)

Semester 1		Lec	Lab	Credits
CUL 115	Food Service Sanitation	1	0	1
DT 110	Community Nutrition	2	2	3
DT 120	Nutrition for a Healthy Lifestyle	3	0	3
DT 190	Dietetic Professional Practices	1	0	1
Semester 2				
DT 125	Nutrition Through the Lifecycle	3	0	3
DT 200	Introduction to Food Science	2	2	3
DT 130	Nutrition Assessment	1	2	2
DT 180	Dietetic Directed Practice: Health Care 1	0	5	1
Semester 3				
DT 211	Food Service Management 1	3	0	3
DT 215	Nutrition for Dietary Managers	2	0	2
DT 280	Dietetic Directed Practice: Food Service	0	6	1
DT 220	Culinary Nutrition Therapy	1	4	3
Semester 4				
DT 225	Dietary Manager Exam Review	1	0	1
DT 287	Dietetic Practicum: Food Service	1	7	2
DT 212	Food Service Management 2	3	0	3
Total		24	28	32
Credits:				

Dietary Management Certificate Pathway II (DMCP2)

Semester 1		Lec	Lab	Credits
DT 211	Food Service Management 1	3	0	3
DT 215	Nutrition for Dietary Managers	2	0	2
Semester 2				
DT 212	Food Service Management 2	3	0	3
DT 225	Dietary Manager Exam Review	1	0	1
Total		9	0	9
Credits:				

Dietary Management Certificate Pathway IIIb (DMCP3)

Semester 1		Lec	Lab	Credits
DT 110	Community Nutrition	2	2	3
DT 120	Nutrition for a Healthy Lifestyle	3	0	3
DT 190	Dietetic Professional Practices	1	0	1
CUL 115	Food Service Sanitation	1	0	1
DT 200	Introduction to Food Science	1	3	3
Semester 2				
DT 125	Nutrition Through the Lifecycle	3	0	3
DT 220	Culinary Nutrition Therapy	1	3	3
DT 130	Nutrition Assessment	1	2	2
Semester 3				
DT 211	Food Service Management 1	3	0	3
DT 215	Nutrition for Dietary Managers	2	0	2
Semester 4				
DT 212	Food Service Management 2	3	0	3
DT 225	Dietary Manager Exam Review	1	0	1
Total		22	10	28
Credits:				

Faculty

Certificate Chair

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Business Division Advising

(513) 569-1620
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Courses

DT 110 Community Nutrition

3 Credits. 2 Lecture Hours. 2 Lab Hours.

A study of public health nutrition programs in the U.S. Topics include: food availability; laws, regulations, and policies; and the influence of socioeconomic, cultural, and psychological factors on food and nutrition behavior. Students participate in supervised practice. Prerequisites: FYE 120 or placement into ENG 101, and MAT 093 or MAT 105A or MAT 131A or appropriate Math placement, and instructor consent

Corequisites: DT 190: Dietetic Professional Practices
Instructor Consent Required

DT 115 Cooking for a Healthy Lifestyle

2 Credits. 1 Lecture Hour. 3 Lab Hours.

A course on food preparation techniques and healthy food choices for individuals. Topics include: preparing and evaluating healthy foods, modifying recipes, food safety, alternative food choices, and special diet considerations.

Prerequisites: FYE 120 or placement into ENG 101
Instructor Consent Required

DT 120 Nutrition for a Healthy Lifestyle**3 Credits. 3 Lecture Hours. 0 Lab Hour.**

An introduction to nutrition concepts and diets for healthy living. Topics include: health risks; socioeconomic, cultural, psychological, and environmental influences; health promotion; disease prevention; complementary, alternative, and herbal therapies; dietary supplements; and lifecycle nutrition.

Prerequisites: FYE 120 or placement into ENG 101, and MAT 093 or MAT 105A or MAT 131A or appropriate Math placement
Ohio Transfer Assurance Guide Approved

DT 125 Nutrition Through the Lifecycle**3 Credits. 3 Lecture Hours. 0 Lab Hour.**

A course on nutritional needs from preconception through maturity. Topics include: influence of age, growth, and normal development on nutritional requirements; diet planning principles for diverse age groups; and promoting healthy eating to reduce age-related nutrition problems.

Prerequisites: DT 120 (minimum grade C)

DT 130 Nutrition Assessment**2 Credits. 1 Lecture Hour. 2 Lab Hours.**

A course on principles of assessment for normal nutrition. Topics include: the nutrition care process, anthropometrics, drug/nutrient interactions, collecting and interpreting lab values, computerized analysis, and interviewing and counseling skills.

Prerequisites: DT 120 (minimum grade C) and instructor consent
Corequisites: DT 180
Instructor Consent Required

DT 135 Sports Nutrition**3 Credits. 3 Lecture Hours. 0 Lab Hour.**

A course on the nutrition needs of active people and athletes. Topics include: nutrient requirements for optimal health, fitness, and sports; weight control; popular nutrition supplements; and ergogenic aids.

Prerequisites: DT 120 (minimum grade C)

DT 180 Dietetic Directed Practice: Health Care 1**1 Credit. 0 Lecture Hour. 5 Lab Hours.**

Students participate in supervised practice in health care and acute care settings. Topics include: nutrition care process, assessment techniques, lifecycle nutrition, interviewing skills, screening, monitoring food and nutrient intake, and menu modification.

Prerequisites: DT 120 (minimum grade C) and instructor consent
Corequisites: DT 130
Instructor Consent Required

DT 190 Dietetic Professional Practices**1 Credit. 1 Lecture Hour. 0 Lab Hour.**

A course that prepares Dietetic Technology students for clinical and management practices and practicums. Topics include: dietetic professional practice requirements, review of student handbook, dietetic licensure, Code of Ethics, HIPAA, universal precautions, and blood-borne pathogen safety training.

Prerequisites: FYE 120 or placement into ENG 101, and instructor consent
Corequisites: DT 110: Community Nutrition
Instructor Consent Required

DT 200 Introduction to Food Science**3 Credits. 2 Lecture Hours. 2 Lab Hours.**

Introduction to the science of foods in relation to chemical composition, nutritional value, processing methods, quality, safety, and standards of identity through the use of experimentation and research.

Prerequisites: DT 120 and instructor consent
Instructor Consent Required

DT 205 Cultural Food Production**3 Credits. 1 Lecture Hour. 4 Lab Hours.**

A course on food production practices while considering cultural food preferences of specific populations. Topics include: cultural food choice; identification, care, and use of institutional food service equipment; standardized recipes; quality assurance; work efficiency; costing; and food evaluation.

Prerequisites: CUL 115

DT 211 Food Service Management 1**3 Credits. 3 Lecture Hours. 0 Lab Hour.**

A course on fundamental concepts of food service management. Topics include: the foodservice business, food preparation, menu planning and development, meal service and delivery systems, evaluation of meal production, recipe standardization, and food safety and sanitation. This course is offered through online delivery only.

Prerequisites: DT 120 (minimum grade C) and instructor consent
Instructor Consent Required

DT 212 Food Service Management 2**3 Credits. 3 Lecture Hours. 0 Lab Hour.**

A continuation of DT 211. Topics include: management responsibilities including food, beverage, supply chain, and general management; human resource management; leadership management; internal control; operational analyses; marketing; and customer service. This course is offered through online delivery only.

Prerequisites: DT 211 (minimum grade C) and instructor consent
Instructor Consent Required

DT 215 Nutrition for Dietary Managers**2 Credits. 2 Lecture Hours. 0 Lab Hour.**

A course on nutrition concepts related to the Dietary Manager's scope of practice. Topics include: medical nutrition therapy, documentation, care planning, nutrition education, and healthcare regulations.

Prerequisites: DT 125 (minimum grade C) and instructor consent
Instructor Consent Required

DT 220 Culinary Nutrition Therapy**3 Credits. 1 Lecture Hour. 4 Lab Hours.**

A course on fundamental skills and concepts of culinary nutrition therapy, also known as "culinary medicine," which combines evidence-based nutrition and medical knowledge with culinary food preparation skills and food science principles. Topics include: modifying recipes for optimal health and to provide snacks and meals that are appropriate for individuals with chronic health conditions such as food allergies, Celiac disease, gastrointestinal disorders, renal disease, heart disease, diabetes, hypertension, and cancer.

Prerequisites: DT 120 and DT 200 and instructor consent
Instructor Consent Required

DT 221 Medical Nutrition Therapy 1

3 Credits. 2 Lecture Hours. 2 Lab Hours.

A course on nutrition care processes and diet modification for various disease states. Topics include: weight management, upper and lower gastrointestinal tract, diabetes, parenteral and enteral nutrition, swallowing, and feeding disorders.

Prerequisites: DT 130 (minimum grade C) and instructor consent

Corequisites: DT 285

Instructor Consent Required

DT 222 Medical Nutrition Therapy 2

3 Credits. 2 Lecture Hours. 2 Lab Hours.

A continuation of DT 221. Topics include: nutrition in severe stress; renal disease; liver disease; cancer; HIV and AIDS; heart, lung, and blood vessel diseases; and pressure ulcers and burns.

Prerequisites: DT 221 (minimum grade C) and instructor consent

Corequisites: DT 289

Instructor Consent Required

DT 225 Dietary Manager Exam Review

1 Credit. 1 Lecture Hour. 0 Lab Hour.

A course that prepares students to take the Certified Dietary Manager exam, covering topics on foodservice, sanitation, management, and human resources. Students complete several pretests and must pass a final competency exam with a score of 80% or better to receive verification of eligibility to sit for the Certified Dietary Manager exam.

Prerequisites: DT 211 and DT 215 and DT 280 (minimum grade C for all), and instructor consent

Instructor Consent Required

DT 280 Dietetic Directed Practice: Food Service

1 Credit. 0 Lecture Hour. 6 Lab Hours.

Students participate in supervised practice in a noncommercial food service setting. Topics include: food service management, human resources, sanitation, procurement, distribution and food cost, menu cost, recipe development, and equipment specifications.

Prerequisites: DT 110 and instructor consent

Instructor Consent Required

DT 283 Dietetic Directed Practice: Health Care 2

1 Credit. 0 Lecture Hour. 5 Lab Hours.

Students participate in supervised practice in a health care setting. Topics include: pediatrics, applying the Nutrition Care Process (NCP), care plans, enteral and parenteral nutrition, transitional feeding, stress, and medical nutrition therapy (MNT) for various medical conditions.

Prerequisites: DT 180 (minimum grade C) and instructor consent

Corequisites: DT 221:Medical Nutrition Therapy 1

Instructor Consent Required

DT 285 Dietetic Directed Practice: Health Care 3

1 Credit. 0 Lecture Hour. 5 Lab Hours.

Students participate in supervised practice in a health care setting while building on previous directed practice experience. Topics include: quality improvement, health care regulations, and pediatric nutrition assessment.

Prerequisites: DT 180 and instructor consent

Corequisites: DT 221

Instructor Consent Required

DT 287 Dietetic Practicum: Food Service

2 Credits. 1 Lecture Hour. 7 Lab Hours.

Students participate in unpaid work experience in a noncommercial food service management setting and complete an individualized final project agreed upon by the student and instructor.

Prerequisites: DT 280 (minimum grade C) and instructor consent

Instructor Consent Required

DT 289 Dietetic Practicum: Clinical

2 Credits. 1 Lecture Hour. 7 Lab Hours.

Students participate in unpaid work experience in a health care setting, complete individual curriculum goals, and review Academy of Nutrition and Dietetics competencies.

Prerequisites: DT 283 and DT 285 and instructor consent

Corequisites: DT 222: Medical Nutrition Therapy 2

Instructor Consent Required

DT 290 Dietetic Competencies

2 Credits. 2 Lecture Hours. 0 Lab Hour.

A course that prepares students for the Dietetic Technician Registration Exam and entry into the dietetic profession. Topics include: exam review, clinical and food service review, and professional portfolio development. Students must pass a final competency exam with a score of 80% or better to receive a verification statement indicating eligibility to sit for the Dietetic Technician Registration exam.

Prerequisites: Complete all required DT courses (minimum grade C for all), and instructor consent

Instructor Consent Required