

PSY - Psychology

Courses

PSY 102 Applied Psychology: Stress Management

3 Credits. 3 Lecture Hours. 0 Lab Hour.

A course on understanding and managing stress. Topics include: causes and consequences of stress, physiology of stress, social and cultural factors affecting stress, and strategies for managing stress.

Prerequisites: None

PSY 105 Psychology of Leadership

4 Credits. 2 Lecture Hours. 4 Lab Hours.

A course on developing leadership and peer mentoring skills. Topics include: holistic, group, and individual leadership; leadership for diversity; and academic retention strategies. Students serve as peer leaders and must attend at least 70% of class sessions for the course they are leading.

Prerequisites: FYE 100 or FYE 105 or FYE 110 or HNR 100 and placement into ENG 101, or FYE 120

PSY 110 Introduction to Psychology

3 Credits. 3 Lecture Hours. 0 Lab Hour.

A course on psychology as the scientific study of behavior and mental processes. Topics include: history, experimental psychology, clinical psychology, and human development.

Prerequisites: Placement into ENG 101A

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PSY 200 Abnormal Psychology

3 Credits. 3 Lecture Hours. 0 Lab Hour.

Survey of behavioral, emotional, and mental disorders. Topics include: etiology, prognosis, and treatment modalities using the current DSM; historical and cultural viewpoints; research; prevention; substance abuse; and legal and ethical issues.

Prerequisites: PSY 110

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PSY 205 Child Development

3 Credits. 3 Lecture Hours. 0 Lab Hour.

A course on a child's development from the prenatal period to age 12.

Topics include: influences of physical/neurological, social/emotional, and cognitive factors in development.

Prerequisites: PSY 110

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PSY 210 Adolescent Development

3 Credits. 3 Lecture Hours. 0 Lab Hour.

A course on developmental issues of adolescence. Topics include: physical, cognitive, familial, educational/vocational, and social development.

Prerequisites: PSY 110

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PSY 215 Adult Development

3 Credits. 3 Lecture Hours. 0 Lab Hour.

Study of principles and theories of human growth and development from early adulthood through late adulthood.

Prerequisites: PSY 110

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PSY 220 Social Psychology

3 Credits. 3 Lecture Hours. 0 Lab Hour.

Study of the individual within the social environment. Topics include: understanding the social behavior of individuals in interactions with others, social interactions in groups, social influence, perception, attraction, aggression, and altruism.

Prerequisites: PSY 110

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PSY 225 Lifespan Development

3 Credits. 3 Lecture Hours. 0 Lab Hour.

Study of human development from the prenatal period through late adulthood. Topics include: biological, cognitive, social, and cultural factors that influence development.

Prerequisites: PSY 110

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