

Pre-Nutrition Science (PNS)

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The Pre-Nutrition Science program prepares students for transfer to a bachelor's degree program in nutrition science, dietetics with emphasis on business or exercise, or other dietetics-related programs. Students who complete the Pre-Nutrition Science program earn an Associate of Science degree and are well prepared to enter a four-year degree program at various institutions in the region.

The Pre-Nutrition Science program includes 105 hours of directed practice. Students are also required to complete an additional 31 hours of professional meetings, food shows, and wellness and program support activities.

Course requirements and application of transfer credits to bachelor's degree programs vary, so students should work closely with their Cincinnati State academic advisor as well as the advisor at the institution where they intend to complete a bachelor's degree.

Students who complete a bachelor's degree program are required to complete an internship before they can take the credentialing exam given by the Commission on Dietetic Registration.

For more information, please contact the Business Technologies Division at (513) 569-1620.

To apply for this program at Cincinnati State, visit the Admissions (<http://www.cincinnati.edu/academics/admission/>) section of the College website.

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Semester 1		Lec	Lab	Credits
BIO 151	Anatomy and Physiology 1	3	2	4
DT 110	Community Nutrition	2	2	3
DT 120	Nutrition for a Healthy Lifestyle	3	0	3
DT 190	Dietetic Professional Practices	1	0	1
ENG 101	English Composition 1	3	0	3
FYE 1XX	First Year Experience Elective	1	0	1
Semester 2		Lec	Lab	Credits
BIO 152	Anatomy and Physiology 2	3	2	4
DT 115	Cooking for a Healthy Lifestyle	1	3	2
DT 125	Nutrition Through the Lifecycle	3	0	3
CUL 115	Food Service Sanitation	1	0	1
DT 135	Sports Nutrition	3	0	3
Semester 3		Lec	Lab	Credits
PSY 110	Introduction to Psychology	3	0	3
ENG 10X	English Composition Elective	3	0	3

XXX XXX	Arts/ Humanities Elective 1	3	0	3
MAT 151	College Algebra	3	2	4
Semester 4				
CHE 110	Fundamentals of Chemistry	3	3	4
COMM 110	Public Speaking	3	0	3
DT 205	Cultural Food Production	0	6	3
MAT 131	Statistics 1	2	2	3
Semester 5				
XXX XXX	Arts/ Humanities Elective 2	3	0	3
XXX XXX	Natural Science Elective	2	3	3
XXX XXX	Social/ Behavioral Science Elective	3	0	3
Total		52	25	63
Credits:				

Electives

First Year Experience Elective

FYE 100	Essentials for College Success	1
FYE 105	Skills for Academic and Personal Success	2
FYE 110	Intensive College Success Strategies	3

English Composition Elective

ENG 102	English Composition 2: Contemporary Issues	3
ENG 103	English Composition 2: Writing about Literature	3
ENG 105	English Composition 2: Business Communication	3

Arts/Humanities Electives

Any Ohio Transfer 36 course from ART, LIT, MUS, PHI, REL, THE, or COMM 130	3
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Social/Behavioral Science Elective

Any Ohio Transfer 36 course from ECO, GEO, HST, LBR, POL, PSY, SOC	3
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Natural Science Elective

BIO 220	Microbiology	3
CHE 111	Bio-Organic Chemistry	4

Some courses are offered in alternative versions identified with a letter after the course number-- for example, ENG 101 and ENG 101A.

- This curriculum displays only course numbers without the added letter.
- The alternative version, when available, meets the requirements of the course version without the added letter.

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- CNDT 1.1: Access data, references, patient education materials, consumer and other information from credible sources.
- CNDT 2.1: Adhere to current federal regulations and state statutes and rules, as applicable and in accordance with accreditation standards and the Scope of Dietetics Practice, Standards of Professional Practice and the Code of Ethics for the Profession of Dietetics.
- CNDT 2.2: Use clear and effective oral and written communication.
- CNDT 2.3: Prepare and deliver sound food and nutrition presentations to a target audience.
- CNDT 2.4: Demonstrate active participation, teamwork and contributions in group settings.
- CNDT 2.7: Participate in professional and community organizations.
- CNDT 2.12: Participate in advocacy on local, state or national legislative and regulatory issues or policies impacting the nutrition and dietetics profession.
- CNDT 3.2: Perform specific activities of the Nutrition Care Process as assigned by registered dietitian nutritionists in accordance with the Scope of Nutrition and Dietetics Practice for individuals, groups and populations in a variety of settings.
- CNDT 3.3: Provide nutrition and lifestyle education to well populations.
- CNDT 3.5: Develop nutrition education materials for disease prevention and health improvement that are culturally and age appropriate and designed for the educational level of the audience.